

1995 USC WOMEN'S TRACK & FIELD INDIVIDUAL PERFORM

MARIA ARROYO			Mark
Date	Meet	Event	
		3000m	11:37
2/18	Pomona-Pitzer	3000m	10:59.8
3/4	USC Dual	5000m	20:33.4
3/18	Long Beach State Classic	5000m	19:57
4/1	Riverside Track Classic		

MIRIAM BENNETT			Mark
Date	Meet	Event	
		800m	2:22.17
3/4	USC Dual	800m	2:15.52
3/25	UC San Diego Open	800m (Inv. 2)	2:15.5
4/1	Riverside Track Classic	800m	2:17.15
4/8	UNLV Invitational	800m	2:15.5 ht
4/14	Pomona-Pitzer Invitational	800m	2:31.9
5/6	USC Norris Cancer Center Meet	800m	

KATIE BUDMAN			Mark
Date	Meet	Event	
		3000m	11:29.3
3/4	USC Dual	3000m	20:45.0
3/18	Long Beach State Classic	5000m	20:35
4/1	Riverside Track Classic	5000m	11:59.2
4/14	Pomona-Pitzer Invitational	3000m	

REISCHEA CANIDATE			Mark
Date	Meet	Event	
2/18	Pomona-Pitzer	HJ	5-4

SAU YING CHAN			Mark
Date	Meet	Event	
		55m	8.18
1/28	LSU Purple Tiger Classic	100m H	14.17
3/4	USC Dual	100m H (Race 1)	14.07w
3/18	Nike/Cal Poly Invite	100m H	13.58
4/1	Sun Angel Classic	100m H	13.69
4/8	UNLV Invitational	100m H	13.33
4/15	Mt. SAC Relays	100m H	12.39
4/22	Pierce Golden Bear Challenge	100m H	13.85
5/6	USC Norris Cancer Center Meet	100m H	13.32
5/19	Pacific-10 Championships	100m H (Prelim 1)	13.44
5/20		100m H (Final)	13.43
6/2	NCAA Championships	100m H (Prelim 3)	13.50
		100m H (Semi 1)	13.63
6/3		100m H (Finals)	13.32

TOSHA CLEMENTS			Mark
Date	Meet	Event	
3/4	USC Dual	800m	2:20.62
3/25	UC San Diego Open	800m (Inv. 1)	2:23.55
4/1	Riverside Track Classic	800m	2:20.1
4/8	UNLV Invitational	800m (Heat 1)	2:23.10
4/14	Pomona-Pitzer Invitational	800m (Heat 2)	2:20.52
5/6	USC Norris Cancer Center Meet	800m	2:20.8

KANIKA CONWRIGHT

Date	Meet	Event	Mark
			12.20
3/18	Nike/Cal Poly Invite	100m (Race 1)	12.08w
3/25	UC San Diego Open	100m (Inv. 2)	24.95
		200m (Inv. 2)	12.16
4/8	UNLV Invitational	100m	25.16
		200m	11.99
4/14	Pomona-Pitzer Invitational	100m (Heat 1)	11.99
4/15	Mt. SAC Relays	100m	11.93
4/22	Pierce Golden Bear Challenge	100m	25.04c
		200m	11.77
5/6	USC Norris Cancer Center Meet	100m	24.33
		200m	11.96
5/19	Pacific-10 Championships	100m (Prelim 1)	24.37
		200m (Prelim 2)	11.88
5/20		100m (Final)	24.44
		200m (Final)	

GLORY DOLPHIN

Date	Meet	Event	Mark
3/4	USC Dual	LJ	18-9 3/4
		100m H	15.15
		TJ	39-7 3/4
		400m H	1:03.48
3/17	Willie Williams Classic	LJ	19-2 3/4
		TJ	40-9
3/25	UC San Diego Open	LJ (Inv.)	19-6 1/4
4/1	Sun Angel Classic	LJ	19-6
4/8	UNLV Invitational	LJ	18-10 [5.74]
		100m H	14.91
		TJ	39-2 [11.91]
4/15	Mt. SAC Relays	TJ	40-10 1/4 [12.45]
		LJ	19-6 1/2
4/22	Pierce Golden Bear Challenge	100m H	14.84
		LJ	19-7 1/2 [5.98]
5/6	USC Norris Cancer Center Meet	LJ	19-7 [5.97]
		100m H	14.74
		TJ	40-1 1/2w [12.23w]
5/13	Occidental Invitational	LJ	19-11 1/2 [6.08]
5/19	Pacific-10 Championships	LJ	19-5 [5.92]
5/20		TJ	40-7 [12.37]

TAI-NE GIBSON

Date	Meet	Event	Mark
3/4	USC Dual	100m	12.34
		200m	25.29
3/18	Nike/Cal Poly Invite	100m (Race 1)	12.32
3/24	UC San Diego Open	100m (Inv. 2)	12.34w
		200m (Inv. 2)	25.26
4/8	UNLV Invitational	100m	12.28
		200m (Heat 1)	25.33
4/14	Pomona-Pitzer Invitational	100m (Heat 2)	12.28
4/15	Mt. SAC Relays	100m	12.31
4/22	Pierce Golden Bear Challenge	100m	12.35
5/6	USC Norris Cancer Center Meet	100m	12.04
5/19	Pacific-10 Championships	100m (Prelim 2)	12.22
		200m (Prelim 1)	25.04

NICOLE HAYNES

Date	Meet	Event	Mark
3/4	USC Dual	Javelin	140-2
		LJ	18-5
		100m H	15.37
3/17	Willie Williams Classic	LJ	18-2 1/2
		Javelin	143-8
3/25	UC San Diego Open	Javelin (Inv.)	145-5
		LJ (Inv.)	18-10 1/4
4/1	Sun Angel Classic	Javelin	149-1
4/8	UNLV Invitational	LJ	18-9 1/2 [5.73]
4/14	Pomona-Pitzer Invitational	100m H (Heat 2)	15.32
		Javelin (Flight 1)	135-4 [41.26]
4/22	Pierce Golden Bear Challenge	Javelin	147-11 [45.10]
5/6	USC Norris Cancer Center Meet	Javelin	147-6 [44.96]
		LJ	19-3 1/4 [5.87]
		TJ	38-11 3/4w [11.88w]
5/12-13	Pacific-10 Multi-Events	Heptathlon	5,306
		100m H	14.76w
		HJ	5-4 1/4 [1.63]
		Shot Put	37-8 1/2 [11.49]
		200m	25.83
		LJ	20-1 1/2w [6.13w]
		Javelin	139-1 [42.40]
		800m	2:36.08
5/19	Pacific-10 Championships	LJ	19-5 [5.92]
		Javelin	126-7 [38.58]
6/3	NCAA Championships	Heptathlon	5,205

SHAYNA HEALY

Date	Meet	Event	Mark
4/1	Riverside Track Classic	100m	12.92
4/14	Pomona-Pitzer Invitational	100m (Heat 7)	13.19
		200m (Heat 2)	26.6

ASHA JAYASINGHE

Date	Meet	Event	Mark
3/4	USC Dual	400m	56.98

BETH JOHNSON

Date	Meet	Event	Mark
2/18	Pomona-Pitzer	HJ	5-0
3/4	USC Dual	HJ	4-10
4/14	Pomona-Pitzer Invitational	HJ (Flight 1)	4-10
5/6	USC Norris Cancer Center Meet	HJ	4-10 1/4 [1.48]

SAUDA JOHNSON

Date	Meet	Event	Mark
3/18	Long Beach State Classic	100m	12.79w
		200m	26.68w
4/14	Pomona-Pitzer Invitational	200m (Heat 2)	27.03
5/6	USC Norris Cancer Center Meet	200m	26.54c

LA TIMA JONES

Date	Meet	Event	Mark
		400m (Race 1)	55.29
3/18	Nike/Cal Poly Invite	200m (Inv. 2)	23.99
3/25	UC San Diego Open	400m	56.53
4/1	Sun Angel Classic	200m	24.09
4/8	UNLV Invitational	200m	23.68
4/14	Pomona-Pitzer Invitational	400m	53.88
4/15	Mt. SAC Relays	200m	24.04c
4/22	Pierce Golden Bear Challenge	400m	54.14c
5/6	USC Norris Cancer Center Meet	400m	53.68
		200m	23.37
5/19	Pacific-10 Championships	200m (Prelim 1)	23.67
		400m (Prelim 2)	54.28
		200m (Final)	23.46
5/20		400m (Final)	53.63
5/31	NCAA Championships	200m (Prelim 1)	23.68
6/2		200m (Semi 1)	23.77

CHRISTINE LEWIS

Date	Meet	Event	Mark
		1500m	4:50.94
3/4	USC Dual	1500m (Inv.)	4:52.93
3/25	UC San Diego Open	1500m	4:48.1
4/1	Riverside Track Classic	3000m	11:05.04
4/8	UNLV Invitational	1500m (Heat 1)	4:44.73
4/14	Pomona-Pitzer Invitational	1500m	4:46.45
5/6	USC Norris Cancer Center Meet	1500m	4:41.92
5/13	Occidental Invitational	1500m	4:53.8
5/19	Pacific-10 Championships	1500m (Prelim 2)	

ADRIANA LOZANA

Date	Meet	Event	Mark
		3000m	10:53.6
3/4	USC Dual	3000m	10:51.41
3/18	Long Beach State Classic	200m	27.39
4/1	Riverside Track Classic	3000m	10:48.5 ht
4/14	Pomona-Pitzer Invitational		

CINDY MAKENS

Date	Meet	Event	Mark
2/18	Pomona-Pitzer	Javelin	58-1
		Discus	85-0
3/4	USC Dual	Discus	93-3
3/18	Long Beach State Classic	Discus	97-4
3/25	UC San Diego Open	Discus (Open 1)	95-4
4/8	UC San Diego Invitational	Discus	105-3 [32.08]
4/14	Pomona-Pitzer Invitational	Discus (Flight 2)	109-9 [33.46]
5/6	USC Norris Cancer Center Meet	Discus	121-0 [36.88]

CARRIE MARTIN

Date	Meet	Event	Mark
3/4	USC Dual	Shot Put	40-11
		Discus	140-10
3/25	UC San Diego Open	Discus (Inv.)	149-1
4/8	UC San Diego Invitational	Discus	146-9 [44.72]
4/14	Pomona-Pitzer Invitational	Discus (Flight 1)	152-8 [46.55]
4/15	Mt. SAC Relays	Discus	147-8
5/6	USC Norris Cancer Center Meet	Shot Put	41-9 3/4 [12.74]
		Discus	149-8 [45.62]
5/13	Occidental Invitational	Discus	158-2 [48.20]
5/20	Pacific-10 Championships	Discus	155-7 [47.42]

CRISSY MILLS

Date	Meet	Event	Mark	Place
2/18	Pomona-Pitzer	HJ	5-10 [1.78]	1st
3/4	USC Dual	HJ	5-7	1st
5/6	USC Norris Cancer Center Meet	HJ	5-10 [1.78]	2nd
5/19	Pacific-10 Championships	HJ	5-8 3/4 [1.75]	3rd

CELESTE McVEY

Date	Meet	Event	Mark	Place
2/18	Long Beach Relays	Javelin	152-4	1st
3/4	USC Dual	Discus	135-10	4th
3/17	Willie Williams Classic	Javelin	128-1	8th
3/25	UC San Diego Open	Javelin (Inv.)	134-1	3rd
5/6	USC Norris Cancer Center Meet	Javelin	136-4 [41.56]	4th

LETICIA MORA

Date	Meet	Event	Mark	Place
3/4	USC Dual	3000m	10:23.6	3rd
3/25	UC San Diego Open	3000m	10:19.3	2nd
4/1	Riverside Track Classic	1500m	4:44.3	3rd
4/8	UNLV Invitational	3000m	10:29.77	1st
4/22	Pierce Golden Bear Challenge	3000m	10:06.4	5th
5/6	USC Norris Cancer Center Meet	3000m	10:24.09	4th
5/19	Pacific-10 Championships	3000m	10:26.46	8th

MAINGO

Date	Meet	Event	Mark	Place
3/18	Long Beach State Classic	1500m	5:00.6	10th
4/1	Riverside Track Classic	1500m	4:57.2	12th
4/8	UC San Diego Invitational	1500m	4:57.82	2nd
4/14	Pomona-Pitzer Invitational	1500m (Heat 2)	4:57.03	4th
4/22	Steve Scott/Powerbar Invitational	1500m	4:59.13	11th

JENNIFER OLIVIERA

Date	Meet	Event	Mark	Place
3/4	USC Dual	LJ	17-4 1/4	3rd
4/8	UNLV Invitational	LJ	18-6 1/4 [5.65]	3rd
5/6	USC Norris Cancer Center Meet	LJ	n.m.	--

KERRIE PEGUES

Date	Meet	Event	Mark	Place
4/1	Riverside Track Classic	400m	59.67	8th
4/8	UNLV Invitational	400m (Heat 2)	59.67	2nd
		400m	59.67	3rd

TREASURE SCHULTZ

Date	Meet	Event	Mark	Place
3/4	USC Dual	800m	2:14.49	1st
		1500m	5:07.39	11th
4/1	Riverside Track Classic	1500m	4:57.6	14th
4/8	UNLV Invitational	800m	2:18.37	6th
4/22	Pierce Golden Bear Challenge	800m	2:14.6	6th
5/6	USC Norris Cancer Center Meet	800m	2:14.8	6th

NEKEIDRA SHEGOG

Date	Meet	Event	Mark	Place
		400m H	1:05.16	
3/4	USC Dual	400m H	1:05.42	3rd
3/18	Nike/Cal Poly Invite	400m H (Inv. 2)	1:03.76	5th
3/25	UC San Diego Open	400m H	1:04.02	1st
4/1	Riverside Track Classic	400m H	1:06.39	2nd
4/8	UNLV Invitational	400m H (Heat 2)	1:03.41	2nd
4/14	Pomona-Pitzer Invitational	400m H	1:08.07	1st
4/15	Mt. SAC Relays	400m H	1:02.34c	8th
4/22	Pierce Golden Bear Challenge	400m H	1:02.79	2nd
5/6	USC Norris Cancer Center Meet	400m H	1:02.65	4th
5/13	Occidental Invitational	400m H	1:01.93	--
5/19	Pacific-10 Championships	400m (Prelim 2)	1:02.43	4th
5/20		400m (Final)		8th

BRANDY STEPHENS

Date	Meet	Event	Mark	Place
		400m	57.04	2nd
3/4	USC Dual	400m (Inv. 2)	57.82	2nd
3/25	UC San Diego Open	400m	56.84	4th
4/1	Riverside Track Classic	400m	58.00	7th
4/8	UNLV Invitational	400m (Heat 1)	25.48	1st
		200m (Heat 2)	25.07	1st
4/14	Pomona-Pitzer Invitational	200m (Heat 2)	57.30	8th
4/15	Mt. SAC Relays	400m	56.54	3rd
4/22	Pierce Golden Bear Challenge	400m	56.43	3rd
5/6	USC Norris Cancer Center Meet	400m		

URSULA WALTON

Date	Meet	Event	Mark	Place
3/4	USC Dual	LJ	16-1 1/2	7th

4X100 METER RELAY

Date	Meet	Participants	Mark	Place
3/4	USC Dual	Chan, Gibson, Pegues, Conwright	47.03	1st
3/18	Nike/Cal Poly Invite	Chan, Gibson, Pegues, Conwright	47.16	3rd
3/25	UC San Diego Open	Chan, Gibson, Pegues, Jones (Inv. 2)	46.86	1st
4/1	Sun Angel Classic	Conwright, Gibson, Pegues, Jones	45.79	5th
4/15	Mt. SAC Relays	Chan, Gibson, Conwright, Jones	45.43	3rd
4/22	Pierce Golden Bear	Chan, Conwright, Gibson, Jones	45.1	1st
5/6	USC Norris Meet	Chan, Conwright, Gibson, Jones	45.0	1st
5/20	Pac-10 Championships	Chan, Conwright, Gibson, Jones	44.98	1st
6/2	NCAA Championships	Chan, Conwright, Gibson, Jones	dnf	

4X400 METER RELAY

Date	Meet	Participants	Mark	Place
3/4	USC Dual	Stephens, Jones, Pegues, Bennett	3:52.06	1st
3/18	Nike/Cal Poly Invite	Stephens, Jones, Pegues, Bennett	3:53.09	5th
3/25	UC San Diego Open	Jones, Gibson, Pegues, Bennett	3:58.69	1st
4/8	UNLV Invitational	Bennett, Stephens, Clements, Pegues (Inv. 2)	4:00.77	2nd
4/22	Pierce Golden Bear	Chan, Gibson, Conwright, Jones	3:45.0	3rd
5/6	USC Norris Center Meet	Stephens, Gibson, Shegog, Jones	3:50.63	3rd
5/20	Pac-10 Championships	Stephens, Gibson, Dolphin, Jones	3:53.31	9th
		Stephens, Jones, Shegog, Gibson		

4X800 METER RELAY

Date	Meet	Participants	Mark	Place
3/18	Nike/Cal Poly Invite	Bennett, Stephens, Clements, Schultz	9:31.15	2nd

DISTANCE MEDLEY RELAY

Date	Meet	Participants	Mark	Place
3/18	Nike/Cal Poly Invite	Bennett, Clements, Schultz, Lewis	12:15.37	2nd